



KGV


sodexo
at SCHOOL

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at SCHOOL

“ MAKE YOUR VOICE HEARD ”
Every voice matters

GIVE YOUR FEEDBACK TO US



 **SCAN THIS QR CODE**  **SPEAK TO A STAFF MEMBER**

sodexo

MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



A Healthy and Balanced Diet Every Day!

sodexo
at SCHOOL



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Sodexo Hong Kong Website



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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Jun 9 - 13

WEEKLY MENU



09/06 Monday

10/06 Tuesday

11/06 Wednesday

12/06 Thursday

13/06 Friday

SOCIAL KITCHEN | Monday: 11:00am - 1:30pm; Tuesday to Friday: 11:30am - 2:30pm

Meal A \$40 Takeaway \$37 Dine-in	Creamy Spinach & Chicken Casserole w/ Rice OR Maccaroni 	Beef Bourguignon w/ Rice	Spaghetti Carbonara 	Roasted Chicken Steak in Gravy w/ Rice OR Fusilli	Indian Butter Chicken w/ Rice
Meal B \$40 Takeaway \$37 Dine-in	BBQ Pork Stew w/ Rice	Baked Fish Fillet in Cream Sauce w/ Rice OR Penne 	Stir-fried Chicken w/ Chili Bean Sauce & Pepper, Rice 	Double Cooked Pork Belly w/ Rice 	Wok-fried Beef w/ Assorted Mushroom, Rice
Meal C \$37 Takeaway \$34 Dine-in	(Vegan) Braised Hairy Gourd w/ Glass Noodle & Enoki Mushroom, Rice 	(Vegan) Omni-Meat Mapo Tofu w/ Rice 	(Vegan) Local Planted Organic Veggie Ratatouille w/ Rice 	(Vegan) Sweet & Sour Wheat Gluten w/ Rice 	(V) Creamy Porcini Mushroom Sauce Farfalle
Bowl \$40	Stir-fried U-don w/ Beef 	Chicken Laksa 	Taiwanese Soup Noodle w/ Beef 	Tteok-Bokki 	Japanese Char Siu Ramen

LEO'S | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36	Chicken Caesar 	(V) Greek Salad 	Tuna Nicoise 	(V) Japanese Cold U-don in Sesame Dressing 	Ham Pasta Salad in Mayonnaise
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PIAZZA PIZZA | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Pizza A \$29	Pepperoni & Cheese 	Ham & Cheese 	Bacon & Cheese 	Chicken & Mushroom 	Meat Lover
Pizza B (Vegetarian) \$29	(V) Trio Cheese 	(V) Margherita 	(V) Marinara 	(V) Trio Cheese 	(V) Margherita



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Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



Jun 9 - 13

WEEKLY MENU



09/06 Monday				10/06 Tuesday			11/06 Wednesday			12/06 Thursday			13/06 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Creamy Spinach & Chicken Casserole w/ Rice OR Macaroni			Beef Bourguignon w/ Rice			Spaghetti Carbonara			Roasted Chicken Steak in Gravy w/ Rice OR Fusilli			Indian Butter Chicken w/ Rice		
	136	7	7	192	15	10	199	8	9	143	10	4	177	7	8
Meal B	BBQ Pork Stew w/ Rice			Baked Fish Fillet in Cream Sauce w/ Rice OR Penne			Stir-fried Chicken w/ Chili Bean Sauce & Pepper, Rice			Double Cooked Pork Belly w/ Rice			Wok-fried Beef w/ Assorted Mushroom, Rice		
	138	10	5	187	16	10	156	9	8	186	8	10	165	10	8
Meal C	(Vegan) Braised Hairy Gourd w/ Glass Noodle & Enoki Mushroom, Rice			(Vegan) Omni Meat Mapo Tofu w/ Rice			(Vegan) Local Planted Organic Veggie Ratatouille w/ Rice			(Vegan) Sweet & Sour Wheat Gluten w/ Rice			(V) Creamy Porcini Mushroom Sauce Farfalle		
	118	4	6	150	5	5	91	2	3	163	10	6	175	8	8
Bowl	Stir-fried U-don w/ Beef			Chicken Laksa			Taiwanese Soup Noodle w/ Beef			Tteok-Bokki			Japanese Char Siu Ramen		
	172	9	5	178	7	10	158	8	9	188	5	9	211	12	12
Salad Box	Chicken Caesar			(V) Greek Salad			Tuna Nicoise			(V) Japanese Cold U-don in Sesame Dressing			Ham Pasta Salad in Mayonnaise		
	110	17	5	111	3	9	109	6	6	165	10	5	171	5	12



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